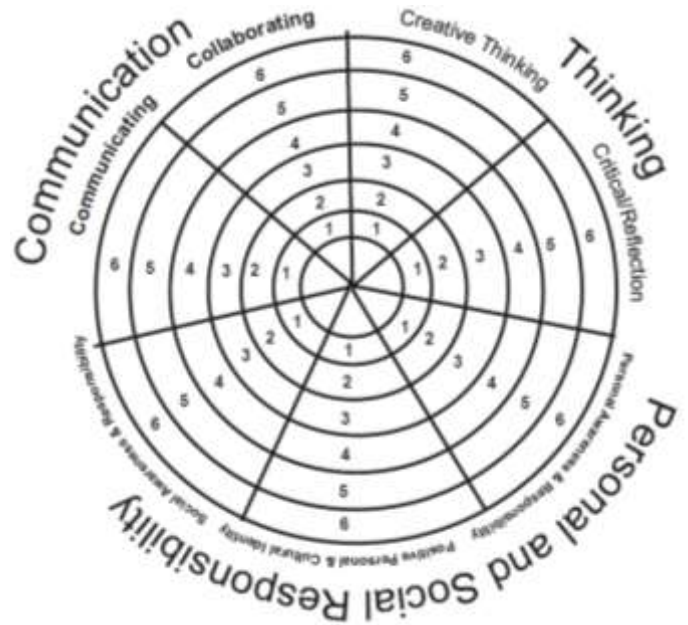


My Core Competency Snapshot – grade 9s

SUMMARIZE YOUR PROGRESS

Please shade in the area that relates to your profile in each Core Competency. If you are able to add a level at a later time, do so in a different colour so that we see progress. This will help you notice your strengths and areas of growth. Make sure to have some examples to explain your progress with.



CONNECTING CORE COMPETENCIES

The Core Competencies are interrelated and interdependent. Usually, they work together to provide a set of skills a person needs to complete tasks, for example school projects, sports, jobs, or just family life.

To show your understanding of how all three core competencies might work together in your life, think of one challenging task in or outside school in which you utilize all the competencies and describe the task in the center of the following graph. In the venn sections, specify which core competency and describe why this particular core competency is relevant for the situation you are describing. Make sure you can speak to this in your interview.

